G# = Ab

RHYTHMS FOR SCALES: 1, 17, 3, 17

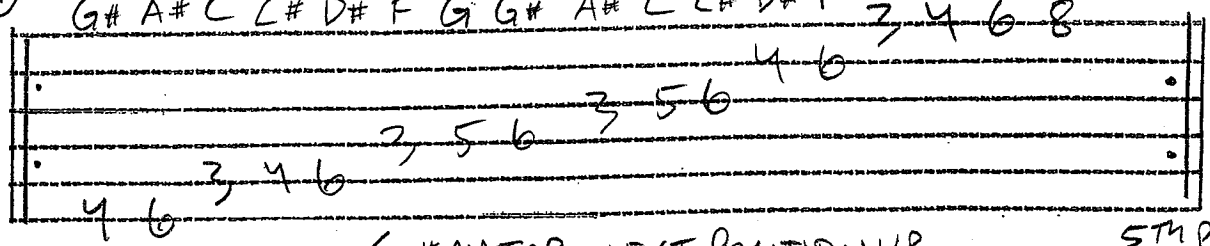
SCALES 9 PART 1

G# MAJOR

REPEAT EACH 8-12x SLOW-MED-FAST

1

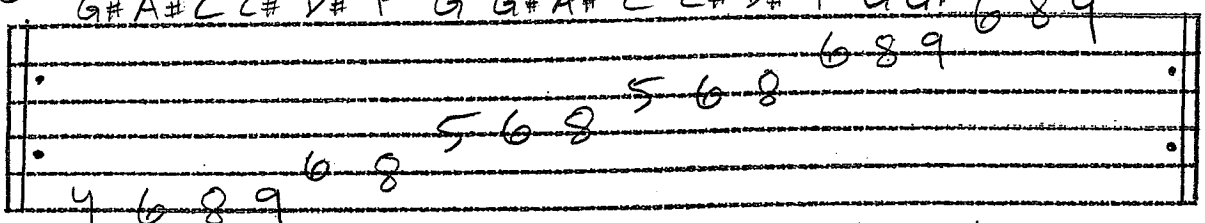
G# A# C C# D# F G G# A# C C# D# F G G# A# C 3RD POS.



G# MAJOR NEXT POSITION UP 5TH POS.

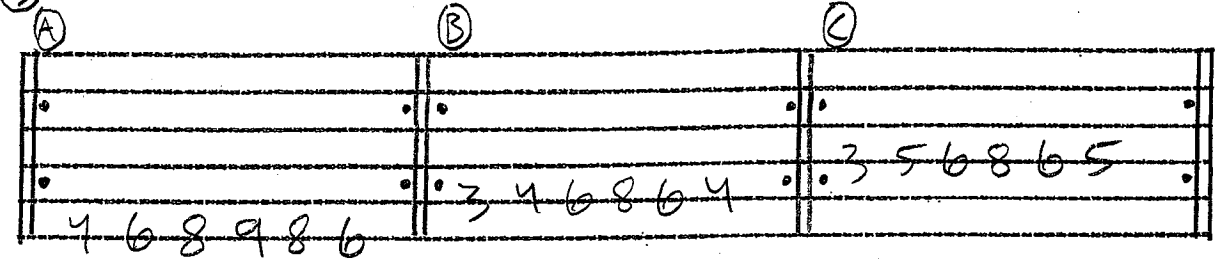
2

G# A# C C# D# F G G# A# C C# D# F G G# A# C

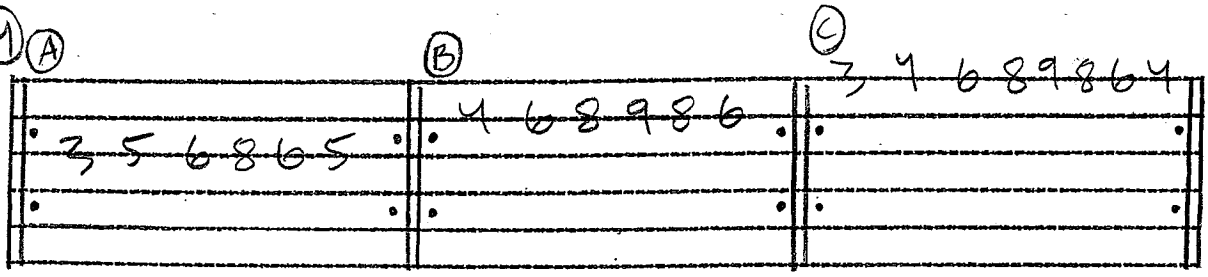


CONNECT POSITIONS ON ONE STRING

3

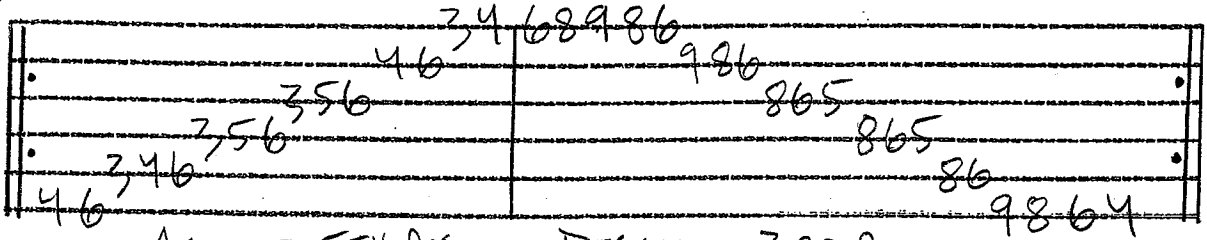


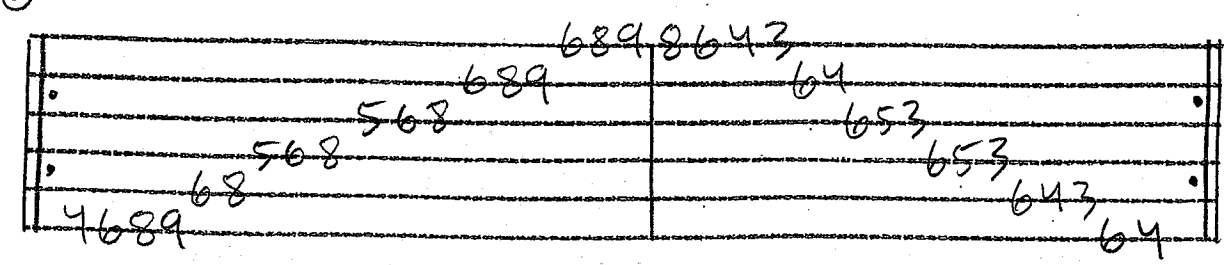
4



ASCEND 3RD POS. — DESCEND 5TH POS.

5



ASCEND 5TH POS. — DESCEND 3RD POS.

6