

F# = Gb

RHYTHMS FOR SCALES: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12

SCALES 12 PART 1

REPEAT EACH 8-12x
SLOW-MED-FAST

F# MAJOR

F F# G# A# | 1ST POS

① F F# G# A# B C# D# F F# G# A# B C# D# 1 2 4 6

F# MAJOR NEXT POSITION UP

② F# G# A# B C# D# F F# G# A# B C# D# F F# G# A# B 4 6 7 3RD POS

CONNECT POSITIONS ON ONE STRING

③ A B C

④ A B C

⑤ ASCEND 1ST POS — DESCEND 3RD POS

⑥ ASCEND 3RD POS — DESCEND 1ST POS